



KAWARTHA LAND TRUST

Protecting the land you love.



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Welcome to Kawartha Land Trust's 2023–2024 Passport to Nature!



KAWARTHA LAND TRUST

Kawartha Land Trust (KLT) is proud to present its inaugural Passport to Nature (P2N) – a year-long series of free, guided adventures in nature and online activities and webinars. Consider this your “passport” to spend some quality time in nature with KLT this year!

The registration period for each event opens a month before the event is scheduled. To ensure the best possible experience for all attendees, some events have limited space, so be sure to sign up early.

Additional event details will be posted on the KLT website at kawarthalandtrust.org and in our e-newsletter, which you can sign up for on our website.

Kawartha Land Trust sincerely thanks and acknowledges Cambium for their sponsorship of this program. We’re also grateful to all of the organizations we collaborated with on this year’s events.

Land Acknowledgement

We respectfully acknowledge that Kawartha Land Trust is located within Treaty 20 Michi Saagiig Anishnaabeg territory on the traditional homelands and territory of the Michi Saagiig and Chippewa Nations, collectively known as the Williams Treaties First Nations.

We offer our gratitude to First Nations for their care for and teachings about our Earth and our relationship to it. Kawartha Land Trust strives to honour these teachings through stewardship, respect for the land we protect, and expanded collaboration with Williams Treaties First Nations and other Indigenous peoples.



KAWARTHA LAND TRUST

Protecting the Land **You Love**

Founded in 2001, **Kawartha Land Trust (KLT)** works to protect the forests, fields, wetlands, and shorelines of the Kawarthas.

Every year, thousands of residents and visitors connect with nature in the region through our public access trails and special events.

Join others in the Kawarthas in protecting the land you love.

How KLT Works to Protect the Land **You Love**

As a land trust, we work to help individuals, families, and the community realize their vision for protecting the land they love.

There are a number of ways to work with conservation experts at Kawartha Land Trust.

Protect the land you love forever through:

- **Gifts of land to KLT**
- Restricting future use of your land through a **Conservation Easement Agreement** on the property title
- **Donating to KLT** to support the purchase of land to protect

Support better care of land through:

- Land stewardship projects through our Partners in Conservation Program
- Land management agreements
- Public trail agreements

You Can Help Protect Land in the Kawarthas

With your support, Kawartha Land Trust can continue to ensure the **long-term conservation** of land in the Kawarthas.

Donate to KLT

There are many ways to contribute to KLT's work. Whether it's through a single or monthly donation, a planned gift, or gift of land, you can help protect connected ecosystems and biodiversity in the Kawarthas. Donate online at **kawarthalandtrust.org**.

Volunteer with KLT

Volunteers are the heart and soul of our work. We're fortunate to have an enthusiastic and dedicated volunteer base with a range of talents who give us the gift of their time to help us accomplish our land securement and stewardship goals. As we continue to grow, so does our need for volunteers! Interested? Reach out to us at **info@kawarthalandtrust.org**.

Learn more at **kawarthalandtrust.org**
or reach out to us at
info@kawarthalandtrust.org
or **705-743-5599**.



Protecting adventure for generations.

Save it for them.



KAWARTHA LAND TRUST

Protecting the land you love.

Kawartha Land Trust is dedicated to protecting the land you love for future generations to enjoy. You can **Save It For Them** by visiting our website to learn more.

You can help. kawarthalandtrust.org/save-it-for-them

This project was undertaken with the financial support of the Government of Canada provided through the federal Department of Environment and Climate Change.

2023–2024 Calendar of Events

2023 Events

- **May 7** — Emergence: Immersive Nature Outing #1
- **May 13** — Migratory Bird Day: Dawn Chorus
— Migratory Bird Day: Bird Walks
- **June 14** — (Webinar) Using Community Science to Learn About the Land You Love: An Introduction to iNaturalist
- **June 24** — Yoga & Reflections on the Land
- **July 15** — Tallgrass Prairie Seedling Planting
- **July 20** — Alderville First Nation Black Oak Savanna Tour
- **July 22** — New to Nature Walk, Roll, or Stroll
- **July 27** — Alderville First Nation Stream to Shore Project Tour
- **August 6** — Abundance: Immersive Nature Outing #2
- **August 26** — Plugging into Nature Puppet Show
- **September 15** — Skyworld: The Wonder of the Night Sky
- **September 16** — New to Nature Walk, Roll or Stroll
- **September 23** — Trees for All
- **October 14** — Annual Tallgrass Prairie Seed Harvest
- **October 29** — Transformation: Immersive Nature Outing #3
- **November 4** — Challenge: Celebrate International Biosphere Reserves Day with a Run, Walk, or Roll in Nature! Pick your Place and your Pace!
- **November 18** — Forest Bathing
- **December 21** — Winter Solstice Night Hike

2024 Events





- **February 3** — Annual Black History Month Hike: Black Excellence in Conservation
- **March 13** — (Webinar) Things that Go Peep in the Night

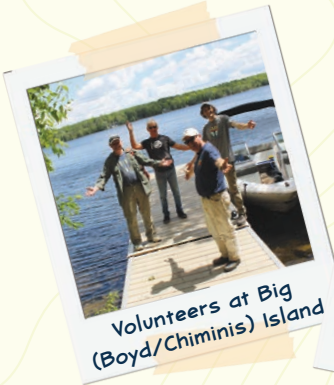
Downloadable Online Resources (see page 29)



Planning Your Adventure(s)

To make the most of your experiences and exploration of nature, here are a few guidelines to help you:

- **Read** this booklet to choose which **events** you wish to attend.
- **Register** on our website at **kawarthalandtrust.org** (events and registration links, will be posted there). 
- **Attend** and enjoy! For in-person events, remember to pack a water bottle and dress for the weather. Some events will occur rain or shine, while others may have a rain date or be cancelled due to inclement weather. Specific event details will be included on the event registration page. 
- **Share** your experiences and photos with friends and family. And share with others by tagging Kawartha Land Trust with **#KawarthaLandTrust** on Facebook, Instagram, and Twitter. 
- **Sign up** for KLT's e-newsletter at **kawarthalandtrust.org** to stay in touch and learn how you can protect the land you love. 





Planning your next adventure?

Visit a Kawartha Land
Trust trail to enjoy the
sights and sounds of all
four seasons.

Learn more about
our public access
properties and trails at:

kawarthalandtrust.org



KLT to Receive 1.7M Over 5 Years from ECCC's Nature Smart Climate Solutions Fund

KLT's Otonabee River Property, secured in 2022 through your support and funding from Environment and Climate Change Canada (ECCC).

In 2022, Environment and Climate Change Canada (ECCC) announced a 1.7M investment over five years to support Kawartha Land Trust's (KLT) "Sequestering Kawarthas' Carbon Through Partners in Conservation" project through its Nature Smart Climate Solutions Fund (NSCSF).

The goal of this ambitious project is to protect CO₂e (carbon dioxide equivalents) conversion through the protection of more than 2,000 acres of natural habitat in the Kawarthas.

KLT will accomplish our goal by inspiring landowners to protect their lands through a mix of short-term and permanent land protection options and the outright purchase and protection of land with high carbon storage value. These efforts will also enhance vital habitat for plant and animal species in the Kawarthas, including a number of species at risk.

You can help protect nature and fight against climate change in the Kawarthas by donating to Kawartha Land Trust today to raise the matching funds needed to "unlock" the entirety of ECCC's grant to KLT. Please visit kawarthalandtrust.org.

This project was undertaken with the financial support of:
Ce projet a été réalisé avec l'appui financier de :



Environment and
Climate Change Canada

Environnement et
Changement climatique Canada

Immersive Nature Outings: **Emergence**

Offered three times in 2023 during the spring, summer, and fall. Enjoy wandering on a Kawartha Land Trust (KLT) protected property while learning mindfulness-based techniques for deepening your connection with nature. You will learn how to sharpen your observational skills, strengthen your sense of connection to other beings, and their habitats, and experience the ordinary magic of sense perceptions.

Each session is three hours in length, with the option for you to stay on the property longer to explore and enjoy the land. If you attend more than one session, you will be introduced to additional practices and techniques.

Facilitator: David Marshall.

Immersive Nature Outing #1 – Emergence

Experience the fragile beauty of woodland spring ephemerals, the return of migratory birds, and signs of emergence in a native tallgrass prairie.



Participants:

20 adults maximum.



Rain or Shine Events?

No. Participants will be notified if the event needs to be cancelled due to weather.

Immersive Nature Outing #2 – **Abundance: August 6** (page 19)

Immersive Nature Outing #3 – **Transformation: October 29** (page 25)

Migratory Bird Day

World Migratory Bird Day: Dawn Chorus

If you enjoy rising with the birds, we welcome you to come listen to a chorus of song as dawn breaks and the birds begin to call to their mates. Facilitators from Creators Garden – Birds – Joseph Pitawanakwat, Andrés Jiménez Monge, and Junaid Shahzad Khan – will connect beginners and experts alike to the wonders and importance of birds and their relationship to the land and waters.

Facilitators: Creators Garden – Birds’ Joseph Pitawanakwat, Andrés Jiménez Monge, and Junaid Shahzad Khan.



Participants:

100 people maximum.
General audience.



Rain or Shine Event.

Arrive at 5am to be in position for 5:30am.



Bring:

- Lawn chair or blanket.



Red-headed Woodpecker

Did you know?

May 19th is National Endangered Species Day. Kawartha Land Trust is committed to conserving land and biodiversity in the Kawarthas – your support ensures the protection of vital habitats that support Endangered species like the Red-headed Woodpecker.

Guided Bird Walks with Creators Garden — Birds


Choose the time that best works for you:

- 9am - 10:30am 11am - 12:30pm 1pm - 2:30pm

Join Creators Garden — Birds' Joseph Pitawanakwat, Andrés Jiménez Monge, and Junaid Shahzad Khan for a wander while we look for winged wonders, listen for bird calls, and learn how to identify common and migratory species, understand the ecological needs of the species we find and begin to see birds from an Anishinaabe perspective.

Bird walks will be approximately 1.5 hours on trails that wind through meadows and forested areas with some hills. There will be stops along the way to observe and listen (participants will need to be quiet and still at times).

Facilitators: Creators Garden — Birds' Joseph Pitawanakwat, Andrés Jiménez Monge, and Junaid Shahzad Khan.

 **Participants:**
30 maximum for each walk session.
General audience.




Rain or Shine Event.



Connecting with nature

Did you know?

More than 20,000 people visit Kawartha Land Trust-protected lands each year to connect with nature.

Using Community Science to Learn About the Land You Love: **An Introduction to iNaturalist**

The webinar will introduce you to the concept of community or citizen science and how you can get involved. This introduction to iNaturalist will show you how you and your family and friends can connect with nature, and, at the same time, provide important data to support conservation on Kawartha Land Trust (KLT) properties and elsewhere. You'll also get a brief overview of some of the other community science tools that are available.



Facilitator: Warren Dunlop.



Participants:

Unlimited.
General audience.



Basic familiarity using a smartphone will be helpful.



Measuring an Eastern White Pine

Did you know?

The Eastern White Pine was declared Ontario's provincial tree on May 1, 1984. This majestic tree inspires art and awe and provides food and shelter for many species.

As part of an Ancient Forest Exploration & Research (AFER) assessment in 2018, this Eastern White Pine at KLT's Jeffrey-Cowan Forest Preserve was measured.

Yoga on the Land

Interested in connecting with nature through movement and mindfulness? Join us for a one-hour gentle yoga class in the fields of Kawartha Land Trust's (KLT) Ballyduff Trails. Experience the beauty of practicing yoga under the open sky and surrounded by the natural world.

Yoga will be accessible for all bodies and levels; however, there will be an approximately 750-metre long walk along trails down a hill to the site where the yoga session will be held. If you require accessibility accommodations, please email us at info@kawarthalandtrust.org in advance of the event.

Facilitator: Katrina Behr.



Participants:
25 adults maximum.



Rain Date:
June 25 (same time and location).



Bring:

- A yoga mat or blanket.
- Sun protection.
- Bug spray.
- Water to stay hydrated.



Black-eyed Susan



June 24

KLT's Ballyduff Trails
Pontypool, Kawartha Lakes

10am - 11am

After the practice, you are welcome to stay and enjoy the sights and sounds of this KLT-protected property.

Register for any of the events on our website at:

kawarthalandtrust.org



(events and registration links, will be posted there)

Tallgrass Prairie Seedling Planting

For more than a decade, volunteers have helped restore a local tallgrass prairie, one of the rarest ecosystems in North America. You can help continue this tradition of planting tallgrass seedlings, or “plugs,” on this beautiful property.

Land donor, Ralph McKim, has been managing the tallgrass prairie for almost two decades by germinating tallgrass plants like Little Bluestem, Big Bluestem, and Sideoats Grama in homemade greenhouses during the winter. Come warmer weather, and with the help of volunteers like you, the plugs are planted in the prairie!



Facilitators: Kawartha Land Trust staff and volunteers.

Family-friendly



Participants:

15 maximum.
General audience.



Rain or Shine Event.



Did you know?

Kawartha Land Trust hosts Passport to Nature events at no cost to attendees. We do this with the goal of fostering positive connections between people and the land they love.

If you wish to make a donation to support the work of KLT please visit our website kawarthalandtrust.org or scan this QR code. Thank you!

Alderville Black Oak Savanna Tours: 2 Sessions

Alderville Black Oak Savanna Tour

For over 20 years, the Alderville Black Oak Savanna team has stewarded one of the largest examples of grassland in Central Ontario. At 81 hectares, Alderville Black Oak Savanna is home to an abundance of rare plant and animal species, an ecology centre, Gitigaan and the Mitigomin Native Plant Nursery. Join us to learn how the Black Oak Savanna embodies a unique example of full-circle restoration.



Alderville Black Oak Savanna Tour: Stream to Shore Project

Located on Alderville First Nation, the Alderville Black Oak Savanna's Stream to Shore project encompasses riparian, grassland, and turtle nesting initiatives. At over 100 acres, the Stream to Shore project demonstrates what holistic large-scale restoration initiatives entail. Join us to explore restoration from the ground-up!



Facilitators: Alderville Black Oak Savanna staff.



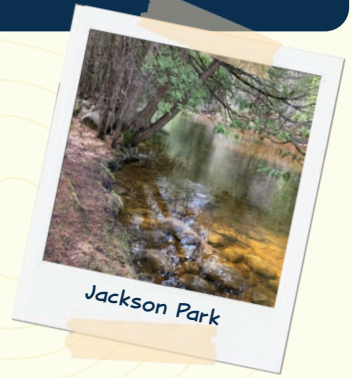
Participants:
35 maximum. General audience.




**Rain or
Shine Event.**

New to Nature **Walk, Roll, or Stroll**

New to nature? No problem! Come out to enjoy nature in Jackson Park with Kawartha Land Trust (KLT) staff and volunteers who are ready to answer your questions and provide a welcoming introduction to the great outdoors. No experience necessary, just the ability to walk or roll at a moderate pace along the Jackson Park Trail as we appreciate the creek, flowers, trees, and birds along the way. Nature can be fun in all weather, this is a rain or shine event. Registrants will be given tips on how to dress for the weather.



Facilitators: Kawartha Land Trust staff and volunteers

 **Participants:**
20 maximum.
General audience.


Rain or Shine Event.

Fairbairn St. at Parkhill Rd. W. entrance. Meet by the Pagoda Bridge.

 **Transportation:** Public transit available (Bus #8. Fairbairn St. at Parkhill Rd. W. stop).



Tree planting

Did you know?

In 2022, 160 volunteers helped KLT advance its conservation goals. For over 20 years, our volunteers have helped ensure the protection and care of over 5,350 acres of land in the Kawarthas.

Would you like to become a volunteer and protect the land you love? Visit kawarthalandtrust.org for more information.

Immersive Nature Outings: **Abundance**

Offered three times in 2023 during the spring, summer, and fall. Enjoy wandering on a Kawartha Land Trust (KLT) protected property while learning mindfulness-based techniques for deepening your connection with nature. You will learn how to sharpen your observational skills, strengthen your sense of connection to other beings, and their habitats, and experience the ordinary magic of sense perceptions.

Each session is three hours in length, with the option for you to stay on the property longer to explore and enjoy the land. If you attend more than one session, you will be introduced to additional practices and techniques.

Facilitator: David Marshall.

Immersive Nature Outing #2 — **Abundance**

Enjoy summer at its peak while tuning in to the first signs of change in a variety of natural and recovering habitats.



Participants:

20 adults maximum.



Rain or Shine Events?

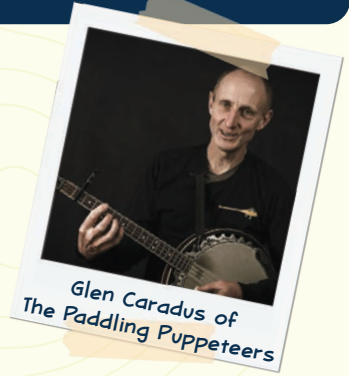
No. Participants will be notified if the event needs to be cancelled due to weather.

Immersive Nature Outing #1 — **Emergence: May 7** (page 11)

Immersive Nature Outing #3 — **Transformation: October 29** (page 25)

Plugging into Nature Puppet Show

Our lighthearted and humorous show, “Plugging into Nature,” is all about turning off screens and getting outside to connect with nature and promote mental and physical wellness. All of the shows are full of original sing-a-long songs, colourful puppets, string stories and more! Venue is wheelchair accessible.



Puppet show runs for 30 minutes followed by a scavenger hunt.

Facilitator: Glen Caradus, The Paddling Puppeteers.

Aug. 26
Camp Kawartha Environment Centre
2pm - 3pm




Participants:
30 maximum.



Rain or Shine Event

Family-friendly

Families with children and the young at heart. 

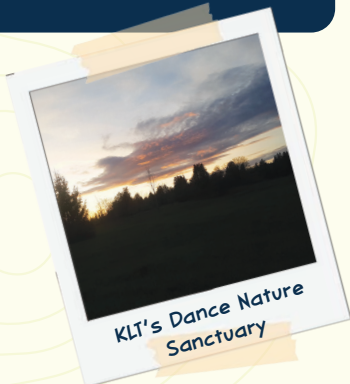


Skyworld – The Wonder of the Night Sky

Members of the Peterborough Astronomical Association (PAA), a group of amateur astronomers from Peterborough and the surrounding area, will provide a brief presentation at 8 p.m. The presentation will be followed by an informal opportunity to observe the setting up of a variety of different telescopes and the chance to observe a diverse variety of celestial objects, including planets, star clusters, globular clusters, galaxies, double stars, and more.


PAA members will be happy to answer questions about their equipment and about the objects visible in the night sky. If the weather is rainy or too cloudy, registrants will be notified the event will be postponed to the rain date (September 16).


Facilitators: Members of the Peterborough Astronomical Association (PAA)



Attendees may leave earlier if needed

Family-friendly

 **Participants:**
50 maximum.
General audience.

 **Rain/Cloud Date:**
Sept. 16, same time and location.

Register for any of the events on our website at:

kawarthalandtrust.org



(events and registration links, will be posted there)

New to Nature

Walk, Roll, or Stroll

New to nature? No problem! Come out to enjoy nature on the Rotary Greenway Trail with Kawartha Land Trust (KLT) staff and volunteers who are ready to answer your questions and provide a welcoming introduction to the great outdoors. No experience necessary – just the ability to walk or roll at a moderate pace along the Rotary Greenway Trail as we appreciate the flowers, trees, and birds along the way. Nature can be fun in all types of weather! Registrants will be given tips on how to dress for the weather.

Facilitators: KLT staff and volunteers.



Participants:

20 maximum. General audience.



Rain or Shine Event.



Transportation: Public Transit available (Bus #6,7,9. Armour Rd. at Nassau Mills stop).



Armour Rd. and Nassau Mills Rd. Meet at SE corner.



KAWARTHA LAND TRUST

Did you know?

Kawartha Land Trust celebrated its 20th anniversary in 2021. The organization was originally known as “Kawartha Heritage Conservancy.” The organization’s first directors were Mieke Schipper, Terry Rees, Phred Collins, and Barbara Heidenreich (Chair).

The Best Time to Plant a Tree is Today: **Trees For All!**

Trees clean our air, provide shade, prevent erosion, and provide vital food and shelter for wildlife. Join Kawartha Land Trust (KLT) for a community tree planting and mapping event. Help us green our community one tree at a time!

We will have 175 tree seedlings available (one per registrant) for you to pick up and plant in your own backyard or community. KLT will also have 25 trees available to plant at our Dance Nature Sanctuary in Selwyn if you don't have a place of your own to plant a tree.

When you register, we will ask you to let us know the location of where you intend to plant your tree as we plan to create a community map to show all of the trees and the collective impact of individual actions!



Family-friendly

Facilitators: Kawartha Land Trust staff and volunteers.



Participants:

200 trees maximum. General audience.



Rain or Shine Event.

Register for any of the events on our website at:

kawarthalandtrust.org



(events and registration links, will be posted there)

Tallgrass Prairie Seed Harvesting

You can help gather tallgrass and wildflower seeds from an endangered ecosystem for future replanting. Join Kawartha Land Trust (KLT) at our Ballyduff Trails property in Kawartha Lakes for a fun fall day of collecting seeds in a truly scenic location (be sure to bring your camera!).

Open and appropriate for any age, you can explore the tallgrass prairie, trails, and take an active role in restoring this critical habitat with KLT.

The tallgrass prairie is a 750-metre walk from the parking area on a trail that goes down a hill. This is a slow-paced activity.

Facilitators: Kawartha Land Trust staff and volunteers.



KLT's Ballyduff Trails



Come for all or part of the day!

Family-friendly



Participants:

50 maximum.
General audience.



Rain Date:

October 15.



KLT's Ballyduff Trails

Did you know?

Kawartha Land Trust protects more than 5,350 acres of ecologically diverse lands, some of which include hiking trails that introduce thousands of people to nature in the Kawarthas every year.

Immersive Nature Outings: Transformation

Offered three times in 2023 during the spring, summer, and fall. Enjoy wandering on a Kawartha Land Trust (KLT) protected property while learning mindfulness-based techniques for deepening your connection with nature. You will learn how to sharpen your observational skills, strengthen your sense of connection to other beings, and their habitats, and experience the ordinary magic of sense perceptions.


Each session is three hours in length, with the option for you to stay on the property longer to explore and enjoy the land. If you attend more than one session, you will be introduced to additional practices and techniques.

Facilitator: David Marshall.

Immersive Nature Outing #3 — Transformation

Feel the shift into winter's quietude and look for signs of recovery in a forest that was heavily impacted by the May 2022 derecho (intense windstorm).



 **Participants:**
20 adults maximum.

 **Rain or Shine Events?**
No. Participants will be notified if the event needs to be cancelled due to weather.

Immersive Nature Outing #1 — Emergence: May 7 (page 11)

Immersive Nature Outing #2 — Abundance: August 6 (page 19)

Challenge: Celebrate International Biosphere Reserves Day with a Run, Walk, Stroll or Roll in Nature! Pick your Place and Your Pace!

November 3rd is a special day in the global UNESCO calendar – the International Day for Biosphere Reserves. Ontario is home to four UNESCO Biosphere Reserves: Frontenac Arch, Georgian Bay, Long Point, and Niagara Escarpment.

UNESCO states that this day is an invitation to take inspiration from the solutions already implemented in these spaces to build genuinely sustainable development everywhere, with full respect for nature and for the living world.

To celebrate the day, join Kawartha Land Trust (KLT) at Ballyduff Trails on November 4th, or gather your friends and family (or go out on your own) and go for a walk, run, roll, or stroll on trails of your choice.

If you enjoy a bit of competition for a good cause, sign up as a fundraising team/individual to support KLT and let's see how much we can raise to protect the land you love in the Kawarthas! More details will be available closer to the event.

Facilitators: Kawartha Land Trust staff and volunteers.



Participants:
30 maximum. General audience.



Rain or Shine Event.



Or pick your own time and location to get out and celebrate nature and your own place and pace!

Family-friendly

Forest Bathing

Take a chance to unplug, slow down, and maybe even hug a tree! Forest bathing, also known as shinrin-yoku, or forest therapy, is an intuitive and accessible nature connection practice that encourages mindfulness, relaxation, and building more meaningful relationships with the land. This walk will proceed at a slow pace, interspersed with invitations for stillness, contemplation, exploration, and group interaction.

Facilitator: Kristina Domsic.



Participants:

20 adults
maximum.



Rain Date:

November 19.



Winter Solstice Night Hike

Welcome the winter solstice with a night hike followed by a hot drink and an opportunity to warm yourself by a fire. Enjoy and embrace darkness and the longest night of the year. We will create smaller groups to explore the trails for those who are interested in walking. There is also the option to simply sit by the fire and enjoy the beauty of the night.

Facilitators: Kawartha Land Trust staff and volunteers and Think Outside's Nature Nancy.



Participants:

40 maximum.
General audience.



**Snow or
Shine Event.**



Family-friendly

Reflecting on Black Excellence in Conservation: Kawartha Land Trust's (KLT) Third Annual Black History Month Hike

In celebration of Black History Month, Kawartha Land Trust (KLT) and Diverse Nature Collective (DNC) will host an informative guided hike through the snowy terrain. The guided hike will shine light on Black contributions to the environmental movement both past and present and give insight into what the future of conservation will look like with more diverse voices at the table.

Depending on snow conditions you may want to bring snowshoes. We will have some extra sets available if you do not have your own and would like to try snowshoeing! Otherwise, please dress for the weather and being outside for a couple of hours.

Facilitator: Patricia Wilson, Diverse Nature Collective (DNC).



Participants:
30 maximum. General audience.



Snow or Shine Event.



Register for any of the events on our website at:

kawarthalandtrust.org



(events and registration links, will be posted there)

Things That Go Peep in the Night



Ontario's frogs live in a huge variety of ecosystems and have important roles in all of them — insect control, transferring energy around the ecosystem, not to mention the flurry of sounds they add to forests and wetlands every spring. Join Kawartha Land Trust and Blazing Star Environmental for this webinar as we talk about the importance of frog diversity and conservation.

Facilitators: KLT's Land Stewardship Manager, Hayden Wilson, and Blazing Star Environmental.



Participants:
100 maximum.
General audience.

Downloadable Resources



Pathways to Stewardship and Kinship has generously allowed Kawartha Land Trust (KLT) to share many of their downloadable activities for families with the KLT community.



The Pathway to Stewardship and Kinship initiative promotes and supports healthy childhood development, community connection, and environmental stewardship through building an early and ongoing relationship with nature.

At the heart of Pathway is a vision of local culture where citizens feel connected to and care for each other, their community, and the beautiful Kawarthas region, of which they are a part of.

Visit kawarthalandtrust.org to download the available activities.

Meet the Passport to Nature Facilitators

Katrina Behr is a Registered Yoga Teacher (CYA RYT200) as well as an elementary teacher. She has been practicing yoga for eight years and has almost two years of experience as a yoga instructor. She is passionate about teaching and learning in the outdoors as well as fostering connections with the land. She has participated in a variety of environmental workshops and completed her yoga teacher training fully outdoors. If you have any questions, you can connect with her [@lilalueyoga](#) or lilalueyoga@gmail.com.

Kristina Domsic has been cultivating her relationship to nature as a life-long nature lover, professional ecologist of 15 years, and as a forest therapy guide certified by the Association of Nature and Forest Therapy. In 2018, she founded Rooted Heart, which offers nature and wellness-based programming including guided forest therapy sessions, yoga and meditation instruction, and multi-faceted retreats. Kristina holds an Honours Bachelor of Environmental Studies from the University of Waterloo. You can find out more at rootedheart.ca.

Warren Dunlop: After retirement from the Ontario Ministry of Natural Resources (OMNR), Warren began volunteering with Kawartha Land Trust (KLT) in 2015. He was a member of the Boyd Island Management Advisory Committee and the Boyd Island Stewardship Committee, which developed a management plan for KLT's Big (Boyd/Chiminis) Island property. He is one of the lead property stewards for the property. More recently, he chaired KLT's Land Stewardship Committee and is involved with various other KLT activities.

While Warren's career with OMNR focused on Fisheries Management, Aquatic Ecology, and Policy Development, he enjoys birding and just getting out in the natural world observing what's around him. He is interested in general natural history and contributes to citizen/community science by using eBird and iNaturalist to record his observations and improve his identification skills for various taxa.

David Marshall is a volunteer with Kawartha Land Trust (KLT) and Lead Steward for KLT's Dance Nature Sanctuary. David is an authorized meditation instructor with over twenty years of experience, teaching in numerous meditation centres, colleges, prison and other venues to students, social workers, church congregations, and the general public. An avid backpacker and participant in wilderness field studies in his earlier days, he has many years of experience as an environmental activist in the areas of wilderness preservation, sustainable forestry, and wildlife management.

Nancy Thomson, otherwise known as "Nature Nancy," is an engaging outdoor educator that has been teaching in the outdoor classroom for the last 25 years. Her sense of fun and genuine connection with the children creates a positive learning atmosphere. She values inquiry and exploration of our natural world through experiential learning and hands on activities. As a certified teacher, she has had incredible teaching opportunities in the past which have included Outdoor Education at Fleming College, teaching at several different Outdoor Centres, directing Summer Camps and teaching at Kawartha Pine Ridge District School Board (KPRDSB) and with ALIVE Outdoors. Her vast programming experience coupled with her sense of fun and exploration allows children to connect with their natural world and each other in a playful yet meaningful way. You can find out more at thinkoutside.life.

Patricia Wilson is a nature lover at heart, and passionate about increasing diversity and inclusion within the conservation and environmental world. She owns and operates Diverse Nature Collective (DNC). Having worked within the environmental non-profit sector for six years, Patricia has filled a variety of roles and has experience in ecological restoration, land stewardship and invasive species management, trail development, and community outreach.

She also holds a Bachelor of Science from Trent University in Conservation Biology as well as a diploma in Ecosystem Management from Fleming College. While she has a deep love for this field, she has noticed a huge lack of inclusion of diverse voices and believes that in order to progress further, protect our natural spaces and spread awareness we must support and include diverse voices within the environmental movement. You can find out more at diversenaturecollective.com.

Creators Garden – Birds Team:

Joseph Pitawanakwat is Ojibway from Wiikwemkoong, married with one daughter. The Founder & Director of Creators Garden, an Indigenous outdoor, and now online, education-based business, focused on plant identification, beyond-sustainable harvesting, and teaching every one of their linguistic, historical, cultural, edible, ecological, and medicinal significance through experiences. His lectures and intensive programming are easily adaptable to make appropriate and successfully delivered to a variety of organizations, including over 150 First Nations communities and hundreds of institutions throughout Anishinaabe territory and beyond. He has learned from hundreds of traditional knowledge holders and uniquely blends this knowledge with and reinforces it with an array of western sciences.

Andrés Jiménez Monge is a Costa Rican Canadian biologist who strives to create deeper connections between people and the planet. From leading the campaign to ban shark finning in Costa Rica, to building international funding opportunities for Costa Ricans looking to study in the environmental field in Canada, to managing conservation programs across Canada, Andrés' journey into nature goes back over 20 years. Now a father of two, some may be familiar with his work through the Toronto Bird Celebration, his best-selling online course, "The Beginners Guide to Birdwatching: Finding Birds and Happiness," and "The Warblers" podcast, for which he was a creator and co-host. Andrés has an infectious enthusiasm for nature, which he utilizes to help foster its stewardship.

Junaid Shahzad Khan is a Muslim-Canadian from the Indus Valley, from the region that is now Pakistan. Junaid has worked as an ecologist for over 12 years, on issues including invasive species, plastic pollution, habitat revitalization, insect conservation, and bird education. Over the past four years, Junaid has committed himself to understanding more about ecologies within Indigenous cultures. Through the ongoing learning of Anishinaabemowin, and working alongside community members looking to rejuvenate Anishinaabek cultural practices, he hopes to help support efforts towards Indigenous land sovereignty across Turtle Island.

Learn more about Creators Garden – Birds at
[**creatorsgardenmarket.ca/general**](https://creatorsgardenmarket.ca/general)

Peterborough Astronomical Association's (PAA) is comprised of a group of people from Peterborough, Ontario and surrounding areas who have a love and appreciation of the space that surrounds them. They have an interest and a passion for viewing and preserving the night sky. As well, they enjoy observing celestial events that occur during the day! Learn more about PAA on their website: peterboroughastronomy.com.

Hayden Wilson is the Land Stewardship Manager at Kawartha Land Trust. Hayden is an endlessly curious person with a passion for the conservation of our native species and spaces. Previously, he worked for the Algonquin Wildlife Research Station where he facilitated projects on the park's flora and fauna; however, Hayden has a particular fondness for herptiles, bats, fungi and rare plant communities.

Hayden spends as much time as possible immersing himself in the wetlands, forests and barrens of the Kawarthas via meandering canoe trips and long hikes. He strives to protect and enhance ecosystems to allow them to be more resilient against the effects of climate change.

Glen Caradus has been performing for over 20 years with Phil Stephenson, as part of the Paddling Puppeteers at a variety of venues such as Kids Shows, Senior's Homes, Museums, Libraries, Bars & Restaurants, Major Outdoor Festivals, Provincial Parks, Conservation Areas & Special Events all over Ontario. He is passionate about the environment and has been using puppetry and music as a way to educate young people, and the young at heart, about climate change and our natural world. An avid cyclist, Glen raises awareness about climate change in many ways; in 2021 he initiated a 350 km. Climate Ride to raise funds to support Peterborough Green-Up's Climate Action Education program, which he intends to complete again this year. Learn more at philandglen.com/paddling-puppeteers.



KAWARTHA LAND TRUST
PARTNERS
IN CONSERVATION

Partners in Conservation Program

Founded in 2001, Kawartha Land Trust protects ecologically diverse lands in the Kawarthas. We're landowners like you.

We aim to help 1000s of landowners across the Kawarthas shape our shared landscape. Together we can ensure our land provides for the needs of people and nature into the future.

KLT's Partners in Conservation Program works with landowners to help them work toward their land stewardship goals.

All land in the Kawarthas is interconnected. Your land plays a part in the larger ecological picture of the region and beyond.

The **Partners in Conservation Program** is about thanking you for your land care and providing you with information and tools to help you further your efforts.

To date, KLT has collaborated with dozens of landowners.



Forests



Waterways



Wetlands



Agricultural



Meadows



Quotes from Participating Landowners:

I'm happy to do what I can to improve our property's contribution to the environment and thankful for KLT's information and support.

Our family plants a lot of trees. With KLT's help, we've planted a lot more.

Any landowner would benefit from the stewardship report. They're beautiful and informative.

Become a Partner in Conservation

- 1 Contact us!** Call or email us and let us know why you're interested in the program or ask any questions you may have.
- 2 Inventory:** KLT will conduct a property inventory and prepare a customized report for you, with maps and insight that reveal the value of your land.
- 3 Planning:** Together, we will explore projects to support mutual environmental goals for your land.
- 4 Ongoing Support:** Our staff help execute projects, share information relevant to your land and maintain a conversation/relationship with you and your land.

Partners in Conservation Program Projects

Conservation experts at Kawartha Land Trust work with landowners of a wide variety of lands on an even wider variety of projects.

For a list of possible projects, visit kawarthalandtrust.org or reach out to us at info@kawarthalandtrust.org or **705-743-5599**.

Protecting the Land You Love

Founded in 2001, Kawartha Land Trust is a dynamic, non-profit charity powered by people like you.

Our mission is to care for the lands entrusted to us and help others protect the land they love in the Kawarthas. We create nature reserves for future generations by acquiring ecologically important properties and/or interests in properties.

KLT protects more than 5,350 acres of ecologically diverse lands, some of which include hiking trails that introduce thousands of people to nature in the Kawarthas every year. We have achieved our successes through the work of our dedicated and growing team of donors, volunteers and supporters. Together, we can ensure more natural spaces in the Kawarthas are preserved forever.

KLT works within the Treaty 20 Michi Saagiig Territory and we are dedicated to continuing to create meaningful connections and relationships with First Nations communities in our region as we build upon these connections.

How you can help protect the land you love:

Volunteer your time · Donate to KLT



KAWARTHA LAND TRUST

705-743-5599 · info@kawarthalandtrust.org

www.kawarthalandtrust.org

Connect with us on social media:



Charitable Registration No. 879086718RR0001